

STATUS REPORT 2019



[HTTPS://WWW.VUSARUGBYACADEMY.COM/](https://www.vusarugbyacademy.com/)
NPO NO: 229-180 NPO
PBO NO: 9300066707
NOVEMBER 2019

REPORT BY NIKKI MATTHEWS



VUSA

ORGANISATION DETAILS



NPO NO: 229-180 NPO
PBO NO: 9300066707
TRUST NO: IT000296/2019C

Trustees

Guy Pearson - Chairman
Brendan Fogarty - Founding Trustee
Simon Peile - Ex-officio
Charmaine Cheminaise - Ex-officio
Greg Brown - Ex-officio
Richard Evans
Geoff Brownell
Mak Kahla

Nikki Matthews - Secretary

Contact Details

Brendan : bfogary@bishops.org.za
Nikki : nmatthews@bishops.org.za
Mak : biro.kahla236@gmail.com

Bank Account Details

Account: Vusa Rugby and Learning Academy
Bank: Standard Bank Rondebosch
Bank Account Number: 270625984
Account Type: Business Current Account
Branch Code: 051001
Swift Code: SBZA ZA J





A MESSAGE FROM OUR DIRECTOR

2019 has been an enormous year of growth for the VUSA Rugby and Learning Academy.

Following a 2002 Bishops Sustainability Conference, VUSA launched a part-time rugby programme for children from disadvantaged communities.

Fast forward to 2019 and this small rugby programme is now a formally registered NPO & PBO which provides holistic opportunities for children in the Langa community – currently over 450 children benefit annually by receiving academic support, sport coaching, recreational opportunities and a hot daily meal.

The ultimate vision is to create a hub of excellence that supports children from creche to tertiary education.

Aligned with the Bishops policy framework for sustainable development, VUSA's core focus is the eradication of poverty.

Creating educational and recreational opportunities for the talented children in the Langa community and the inspiring coaches who work with them, is paramount in directing and shaping a South Africa that embodies Nelson Mandela's vision for a people centred society - "freedom from want, freedom from hunger, freedom from deprivation, freedom from ignorance, freedom from suppression and freedom from fear."

Brendan Fogarty

MESSAGE FROM SIYA



I am living the dream of many young boys in South Africa.

I am also living the dream of the young boy who learned to play (and love) rugby in the Zwide township in PE.

When the VUSA squad went on tour to PE, I told them to go out and do their best and that we would do the same in Japan. We are so proud to bring home the Webb Ellis Cup for each and every child at VUSA – for each and every child in South Africa who has a dream.

I told them to fight as hard as they can for their dreams and not to let anyone tell them that they can't make it. If we can give children opportunities, they will broaden their dreams.

#StrongerTogether
#AwakeningOpportunities.

vusa now
officially
endorsed by



THE VUSA DREAM

2019 has seen the launch of the VUSA Rugby & Learning Academy Trust and as a newly formed NPO & PBO, the VUSA Academy hopes to create lasting impact by creating educational, sporting and recreational opportunities for children in the Langa community.

Currently over **450 children** benefit annually by receiving academic support, sport coaching, recreational opportunities and a hot daily meal.

The ultimate vision is to create a hub of excellence that supports children from creche to tertiary education.



THE REAL DEAL

29 % of South Africans are unemployed and 55% live beneath the poverty line.

Providing excellent education and creating opportunities for children is a way to break this cycle. In order for us to provide this excellence, we require buses to carry our children to new experiences; Coaches to teach, inspire and support them as role models, food to nourish their bodies (and minds) and YOU to support in whatever way you can; bring your expertise, your time, or financial support and lets all be the change.

#StrongerTogether



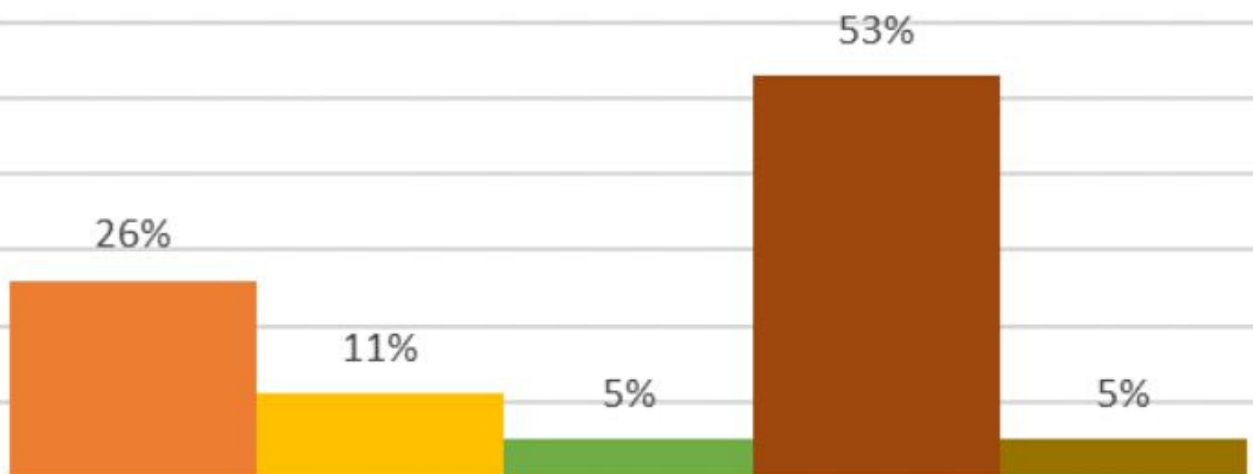
72%
of the participants

**IMPROVEMENT
IN MATHS AND
ENGLISH
RESULTS**

88%
of the participants

**REGARD VUSA
AS THEIR
SAFE SPACE
AFTER SCHOOL**

IF I WAS NOT ATTENDING THE VUSA ACADEMY I
WOULD BE:



Home alone

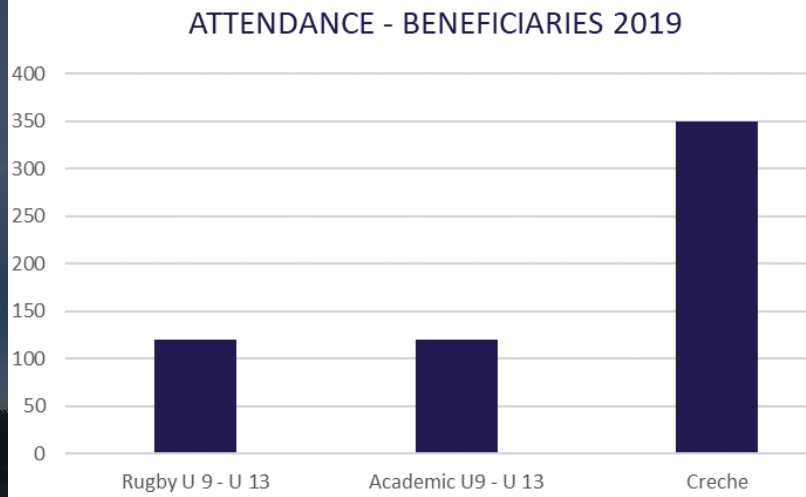
Home with a parent

Looking after siblings

Playing in the streets with friends

Other

WHO IS VUSA?



OUR MISSION & VISION

To create social upliftment for children from under privileged communities through a structured academic, sporting & recreational programme!



"My son loves rugby so much. He even makes his own rugby ball using old socks and plastic bags. He is convinced he will one day captain and coach the Springboks." Beneficiary Parent

THE GLOBAL GOALS

For Sustainable Development



A GLOBAL CRISIS

The Sustainable Development Goals are a collection of 17 global goals set by the United Nations General Assembly in 2015 for the year 2030.

South African education is in crisis - this perpetuates the ongoing cycle of poverty and inequality in our beautiful country.

VUSA tackles some of these issues by creating educational and recreational opportunities for children in the Langa community whilst employing (and upskilling) staff from the same community.

Although each goal is important to our global future, VUSA's focus is on development of **children**. Our primary goals are thus focus on development of children and our secondary focus is on addressing **inequality**.

SUSTAINABLE DEVELOPMENT

In order to focus our work to ensure maximum impact we have focussed on 5 Primary Sustainable Development Goals and 2 Secondary.

All 17 SDG's are critical and are considered in the VUSA methodology .

10 REDUCED INEQUALITIES



REDUCED INEQUALITIES

VUSA programmes have all been developed to address and reduce social and economic challenges faced by our children and staff who have suffered inequalities that continue to plague South Africa.

5 GENDER EQUALITY



GENDER EQUALITY

Young girls are the most vulnerable demographic in the Langa community – our programmes encourage participation of females. Through mentorship programmes with coaches, males are educated on the necessity of gender equality.

"When I'm at VUSA it feels like home - it feels like I'm play with my brothers."

VUSA u12 player

1 NO
POVERTY



GOAL 1 & VUSA

END POVERTY IN ALL ITS FORMS

We believe that ensuring quality education for all is central to end extreme poverty.

VUSA creates holistic educational and extra mural opportunities with the goal of supporting the whole child from creche to tertiary education.



2 ZERO HUNGER



GOAL 2 & VUSA

END HUNGER: ACHIEVE FOOD SECURITY AND IMPROVED NUTRITION

The VUSA Academy gives each child who attends the programme a hot nutritious meal.

For many of our learners, this is the only meal they receive each day - for a hungry child this can be everything.



3 GOOD HEALTH AND WELL-BEING



ENSURE HEALTHY LIVES & PROMOTE WELL-BEING FOR ALL

VUSA provides 140 children access to rugby and sport training five days per week.

Apart from the obvious health benefits of exercise, rugby also develops social skill and fosters self esteem and confidence thereby benefiting children's physical and mental well-being.

GOAL 3 & VUSA



4 QUALITY EDUCATION



GOAL 4 & VUSA

ENSURE INCLUSIVE & QUALITY EDUCATION FOR ALL

78 % of Grade 3 children in South Africa cannot read with understanding and on 33% of Grade 12 Learners passed Maths in 2018.

VUSA offers English and Maths support to primary school learners through Edunova. The new VUSA creche programme introduces young learners to literacy and numeracy skills preparing them for school readiness.



17 PARTNERSHIPS FOR THE GOALS



REVITALISE THE GLOBAL PARTNERSHIP FOR SUSTAINABLE DEVELOPMENT

It takes a village to raise a child...

GOAL 17 & VUSA

There is not a one dimensional approach to 'save society'.

At VUSA we believe that with our strong support and partnerships we can be a key force in the critical change and positivity our country needs.

This is a very important Sustainable Development Goal.

#StrongerTogether



EDUCATION

- SIYAKHULA
- CAPITEC BANK
- EDUNOVA
- GODWILL CHIWAHWA



FINANCIAL & IN KIND

- KEPU TRADING /CALULO SHIPPING
- INVESTEC ASSET MANAGEMENT
- BISHOPS DIOCESAN COLLEGE
- SHOPRITE
- PIKE LAW
- OAK GROUP
- ABIGAIL DALES PHOTOGRAPHY
- LUKE BRODZIAK
- WOOLWORTHS
- HEIDI KORNMULLER
- TOM BRESLIN
- GEOFF BROWNELL
- NEVILLE CHESTER
- AMANDA DAVIS
- GARY PETERSEN
- THAMI SIKO
- JOSS & SHARON DAVIDGE
- BECAUSE
- THE FOSCHINI GROUP
- BIG SKY PRODUCTIONS
- HELENE PLANTING
- CLICKS

FEEDING

- THE LUNCHBOX FUND
- SHOPRITE GROUP



RUGBY TRAINING

- BISHOPS PARENT ASSOCIATIONS
- UCT RFC - IKEY TIGERS
- UBUMBO LEGENDS
- INDIVIDUAL DONORS
- AFRICAN IMPACT
- BUSY BEE RFC
- SACS JUNIOR SCHOOL

**VUSA
NOW PROUDLY
ENDORSED BY THE
SOUTH AFRICAN
RUGBY UNION**

STAFF DEVELOPMENT

The VUSA academy employs ten wonderful men and women who teach, coach, feed and mentor the children. The importance of this role is not lost on our staff and as such eight VUSA coaches have enrolled in the Wordworks 'Ready, Steady, Read programme in partnership with Siykhula.

Coaches reported that the course not only gave them tools to assist with early literacy but gave them a better understanding of the emotional circumstances of the children they work with.

Coaches also attend the following courses:

- Boksmart – A national rugby safety programme focusing on medical protocols and concussion
- WR level 1 - The objective of this course is to provide all rugby Coaches and Officials with the opportunity to develop and obtain acknowledgement and training so that they may realise their potential to the maximum
- Cool Play – Coaches receive training to teach life skills to children through sport
- Wordworks - Every Word Counts certificate

"Since I began the Wordworks programme, I have changed the way I approach my job as a VUSA coach. I have learnt that the most important aspect of working with young children is patience, care and understanding." Siyahholwa Soci



VUSA ON TOUR 2019

2019 marked what was a life changing experience for 45 of our VUSA Boys and Girls.

On the 23rd of September, a bus packed with 45 excited children and igwijo (African songs that take the form of a leader and a crowd response) left for Qoboquobo in the Eastern Cape.

After a 15 hour trip filled with laughter, food and snacks (thanks to our wonderful partners Shoprite) the team arrived in Qoboquobo where we competed in a Heritage Day festival against 11 teams from the local village.

In true Eastern Cape style, we were invited into the hosts homes and welcomed with umgqusho for dinner (samp and meat) – a definite highlight for me and a reminder that I was 'home' again.

The following day, after a much-needed rest and a wonderful breakfast it was time to show Qoboquobo what we were made of - the children did us proud! The VUSA squad reached the final of the tournament, losing the last game 15-12.

Thereafter, the kids had the opportunity to explore the village, seeing animals and playing touch rugby with children from the community.

We then headed to PE and had the privilege of playing against Springbok Captain, Siya Kilisi's youth Club, the African Bombers.

A tour would not be a tour without experiencing new places and the last afternoon was spent on one of PE's beautiful beaches.

This trip was an incredible experience for the children and the coaches. Lifelong friendships were formed and great relationships were built between the kids and their coaches.

I would like to thank everyone, especially Steve Bailey who made this trip possible, and massive thank you to our VUSA COACHES for looking after our kids safely.

Makabongwe Kahla
Vusa Manager



VUSA FUNDRAISER! WHEN LAST DID YOU HAVE A REASON TO HIGH FIVE?

HIGH 5 CAMPAIGN!

R5000,00

=



Bus transport for
120 children



Feed **3** children for a year



Employ a coach for a month



Academic support for
2 children for a year



WHERE TO FROM HERE

Creche Programme

In 2020 we hope to extend the creche programme. Early intervention is key. VUSA would like to create a mobile library and education centre which will travel between our four ECD facilities daily.

The Recreational Programme

To date, this programme has been a 'cherry on the top' programme. It is only through our recent evaluations that we are able to measure the impact of recreational outings. Many of the children we work with have never been to the beach. They live 9 km away from some of the most beautiful beaches in the world. Cape Town has so much to show and teach these wonderful children and exposing them to new opportunities not only aids in their development but inspires passion and purpose.

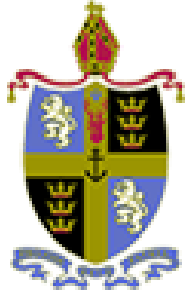
Academic Programme

VUSA will launch a peer learning project with Bishops Prep in 2020.

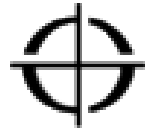
Rugby

Women's rugby is booming and in 2020 we hope to increase the number of girls attending the programme. Young girls are the most vulnerable members of the community and Rugby is empowering and increases resilience . Watch this space...

HELLO 2020!



BISHOPS
DIOCESAN COLLEGE



Investec

Asset Management



Lunchbox Fund



It would be impossible without our
loyal partners:
thank you!



SIYAKHULA
learn. share. grow.



because



African Impact



CAPITEC
BANK